



The CAPE hosts and executive are pleased to announce that on **Monday June 19th 2023** the Calgary Police Service is offering a complimentary additional workshop to delegates at the CAPE Conference dealing with the important topic of Police Member Suicide.

Spots are extremely limited and available to delegates who complete a registration for the conference, on a first come, first served basis.

More details below:

Breaking The Silence on Police Member Suicide

This one-day workshop is intended to decrease the stigma on police member suicide through lecture, open discussions, and lived experience stories. The aim of the workshop is to increase awareness on suicide and its risks; identify potential suicide warning signs; learn proactive measures including suicide prevention, intervention strategies and resources can be used to mitigate the suicide risks.

By the end of this workshop, participants are expected to be able to:

- 1. Identify the suicide risks and warning signs.**
- 2. Describe the stigmas that exist in policing cultures toward expressing difficulties and seeking help or support.**
- 3. Describe the various suicide intervention skills can be used to help members in need.**
- 4. List resources that may assist to reduce suicide risks and promote overall mental health among police members.**

If you would like to attend this workshop, **please first register for the CAPE conference here:** <https://www.cape-registrations.ca/>

and then email:

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Peer Support Coordinator

Calgary Police Service

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